

# MYERS-BRIGGS TYPE INDICATOR® | STEP I™ PROFILE

Prepared for  
**Student Sample**

May 2, 2023

Interpreted by  
**College Transitions**



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Your Myers-Briggs® Profile is designed to help you understand your results on the *Myers-Briggs Type Indicator*® (MBTI®) assessment. This assessment identifies which of 16 different personality types best describes you.

Your answers to the questions on the MBTI assessment show which preference in each of four pairs of opposites you favor. Your preferences are choices between equally valuable and useful qualities. Each preference is indicated by a letter.

Your Myers-Briggs personality type  
**INFJ**

Your preferences  
**Introversion | Intuition | Feeling | Judging**

#### THE WAY YOU DIRECT AND RECEIVE ENERGY

##### Extraversion

People who prefer Extraversion tend to direct their energy toward the outside world and get energized by interacting with people and taking action.



##### Introversion

People who prefer Introversion tend to direct their energy toward their inner world and get energized by reflecting on their ideas and experiences.

#### THE WAY YOU TAKE IN INFORMATION

##### Sensing

People who prefer Sensing tend to take in information that is real and tangible. They focus mainly on what they perceive using the five senses.



##### Intuition

People who prefer Intuition tend to take in information by seeing the big picture. They focus mainly on the patterns and interrelationships they perceive.

#### THE WAY YOU DECIDE AND COME TO CONCLUSIONS

##### Thinking

People who prefer Thinking typically base their decisions and conclusions on logic, with accuracy and objective truth the primary goals.



##### Feeling

People who prefer Feeling typically base their decisions and conclusions on personal and social values, with understanding and harmony the primary goals.

#### THE WAY YOU APPROACH THE OUTSIDE WORLD

##### Judging

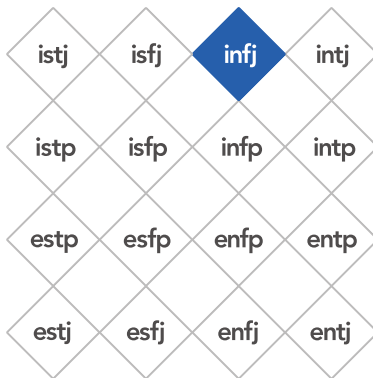
People who prefer Judging typically come to conclusions quickly and want to move on, and take an organized, planned approach to the world.



##### Perceiving

People who prefer Perceiving typically look for more information before coming to conclusions and take a spontaneous, flexible approach to the world.

**TYPE DESCRIPTION: INFJ**



Insightful, creative, and visionary, with a deep faith in personal insights

Sensitive, compassionate, and deeply committed to personal values

Loyal to people and institutions that exemplify their personal values

Base decisions on their personal values

Seek meaning and purpose in work and relationships

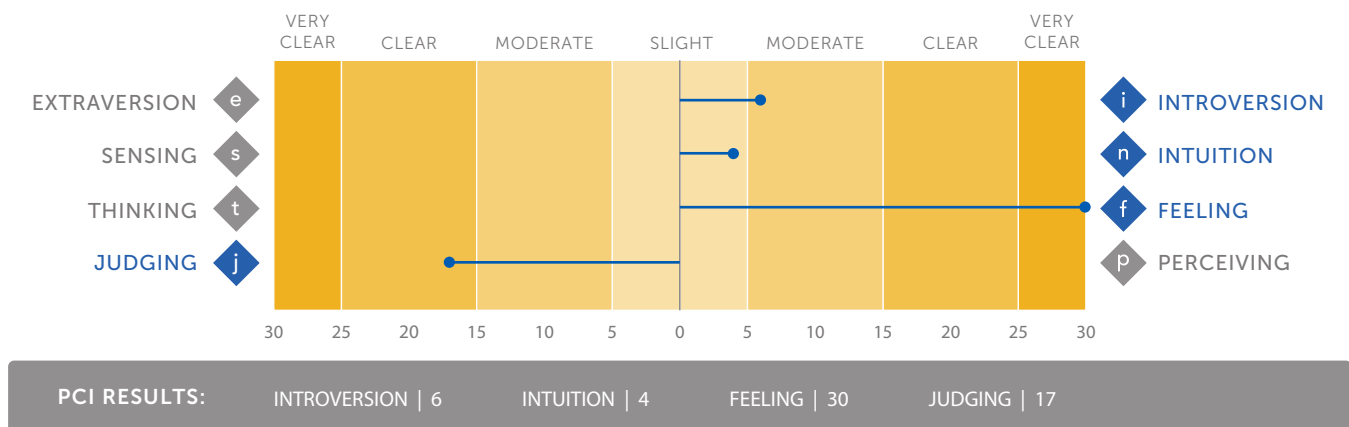
Value harmony and cooperation; interested in possibilities for people

Seen as private, intense, highly individualistic

Some of these descriptors may not fit you because you are a unique person. Although most INFJs have personality attributes in common, there are still plenty of individual differences among people who share the same four-letter type.

Your MBTI responses also provide a picture of how clearly or consistently you chose your preference in each pair of opposites. This *preference clarity index* (pci) is indicated in the graph below. A longer line suggests that you are quite sure about a preference; a shorter line means that you are less sure about whether that preference truly describes you. Your preference clarity does not indicate how well developed your preferences are or how well you use them.

**CLARITY OF YOUR PREFERENCES: INFJ**



Each of the Myers-Briggs types is characterized by its own interests, values, and unique gifts. Although each individual tends to use his or her preferences most naturally and most often, keep in mind that everyone can and does use *all* of the preferences from time to time, depending on what the situation calls for. For a more complete understanding of the 16 different personality types, refer to the *Introduction to Myers-Briggs® Type* booklet by Isabel Briggs Myers or to the many other MBTI resources that are available.

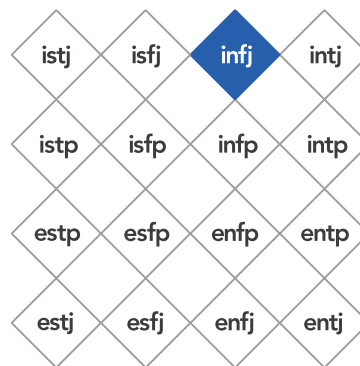


infj

CREATIVE  
 INSIGHTFUL  
 ABSTRACT  
 VISIONARY  
 IDEALISTIC  
 COMPLEX  
 SENSITIVE  
 CARING  
 COMPASSIONATE  
 EMPATHETIC  
 ORGANIZED  
 HARD DRIVING  
 DECISIVE  
 INDIVIDUALISTIC  
 MYSTERIOUS  
 RESERVED  
 DEEP  
 PRIVATE  
 INTENSE  
 PERSISTENT

## MYERS-BRIGGS TYPE INDICATOR® TYPE DESCRIPTION

### Student Sample



### Introversion | Intuition | Feeling | Judging

INFJs have a gift for intuitively understanding complex meanings and human relationships. They are conscientious, committed to their firm values, and quietly forceful. They develop a clear vision about how best to serve humanity and are likely to be organized and decisive in implementing their vision.

They value home, family, health, friendships, spirituality, and learning.



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A blue diamond shape containing the lowercase letters "infj" in white, representing the INFJ personality type.

## Characteristics of INFJs

- INFJs are driven to implement their vision, often sacrificing personal comfort.
- They want to understand what motivates people and are insightful about others.
- They have little interest in details, people, or work that is not relevant to their vision.
- INFJs base their decisions and actions on their strong personal values.
- They always see possibilities for how to help others develop.

## INFJs with Others

- INFJs have great insight into what is most important to others.
- They empathically understand the feelings and motivations of others.
- They may share their internal intuitions only with those they trust.
- They are loyal to people and institutions that share their values.
- INFJs are committed to growth and development for themselves and significant others.
- They readily show compassion and caring for others.
- They value authenticity and commitment in relationships.

## INFJs at Work

- INFJs' preference for Intuition, powered by their preference for Feeling, may be of immense value in any field.
- They can be persistent and insistent about communicating their vision.
- INFJs can be great leaders when they devote themselves to carrying out a sound inspiration, attracting followers with their enthusiasm and faith.
- Because the possibilities that interest them most concern people, they are often drawn to teaching, counseling, or the ministry. Their preference for Intuition provides insight into the deeper meanings of whatever subject interests them, and they get great satisfaction from aiding the development of individuals.
- When their interests lie in technical fields, INFJs may be outstanding in science or in research and development. Intuition suggests new approaches to problems and Feeling generates enthusiasm that sparks their energy.
- They may be reserved, but they don't hesitate to assert themselves when their values are violated.
- They will be unhappy in any job that is not consistent with their personal values or that does not provide personal meaning.

## Potential Blind Spots for INFJs

- If INFJs have not developed their Intuition, they may not take in enough information or may take in only what fits with their inner vision. Then they will make poor decisions based on limited or distorted information.
- If their Intuition is not developed, they may become so focused on their goals that they fail to notice any information that might conflict with those goals.
- If their Feeling preference is undeveloped, they may not have reliable ways of making decisions about how to accomplish their goals. Then their valuable insights and creativity stay locked inside.
- Also, undeveloped Feeling may make it difficult for them to evaluate their inner vision and take in feedback from others.
- When INFJs try to communicate their inner vision, they may express it so metaphorically and with so much complexity that they may be misunderstood.